



NEWARK KENPO KARATE

featuring: American Kenpo Karate



CLASS SCHEDULE: Winter 2008

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					L'IL DRAGONS & Jr. W-Y-O 10:00 – 10:45
					Jr. SPARRING 10:45 – 11:30
			TEENS/ADULT ALL LEVELS 1:15 – 2:15		Jr. PU BL GR BR 11:30 – 12:15
			HOMESCHOOL CLASS 3:00 – 4:00		TEENS/ADULT ALL LEVELS 12:30 – 1:30
Jr. WH YE OR 4:30 – 5:15	TIGER CUBS 4:30 – 5:15		L'IL DRAGONS & Jr. WH YE 4:30 – 5:15		TEENS/ADULT WEAPONS 1:30 – 2:30
Jr. SPARRING 5:15 – 6:00	Jr. PU BL GR BR 5:15 – 6:00	L'IL DRAGONS & Jr. WH YE 4:45 – 5:15	TIGER CUBS & L'IL TIGERS 5:15 – 6:00	Jr. WH YE OR 5:15 – 6:00	
Jr. PU BL GR 6:00 – 6:45	L'IL DRAGONS & Jr. W-Y-O 6:00 – 6:45	TEENS/ADULT ALL LEVELS 5:30 – 6:30	Jr. OR PU BL GR 6:00 – 6:45	L'IL DRAGONS & L'IL TIGERS 6:00 – 6:45	
TEENS PU BL GR BR JR. BLK 7:00 – 8:00	ADV. JR/TEENS Tournament & WEAPONS 7:00 – 8:00	TEENS/ADULT SPARRING 6:30 – 7:30	TEENS PU BL GR BR JR. BLK 7:00 – 8:00	SPECIAL SEMINAR CLASSES	
ADULT BL GR BR BLK 8:00 – 9:00	ADULT WH YE OR PU 8:00 – 9:00	ADULT BL GR BR BLK 7:30 – 8:30	ADULT WH YE OR PU 8:00 – 9:00	7:00 – 8:30 (Check at desk for more info)	
OPEN TIME	OPEN TIME	ADULT WEAPONS 8:30 – 9:00	OPEN TIME	BL GR BR BK INST. CLASS 9:00 – 10:00	

Tigers & Dragons – ages 3 – 6 Jr. Classes – ages 7 – 12 Teens/Adult Classes – ages 13 and up
120 Peoples Plaza, Newark, DE 19702 (302) 836-1557